



## Slow it Down!

### De-Escalation Tactics in the Workplace



Join us in welcoming Thomas Coplin of Aultman Alliance Community Hospital as he discusses de-escalation tactics. Thomas is the Interim Security Manager at Aultman Alliance Community Hospital where he also serves as the Coordinator of Emergency Preparedness and as the hospital's EMS Coordinator. Tom has 10 years of experience in the field of healthcare with the last five years being employed at Aultman Alliance Community Hospital.

Tom is a 1991 graduate of East Liverpool City High School where he was engaged in both basketball and marching band.

Tom then attended Jefferson Community College and received his Ohio Peace Officer's Training and certificate. He then spent the next 3 years working as a police officer for the Village of Salineville. Tom then switched gears and worked at Colfor Manufacturing in Salem as a UAW tool and die maker until 2009 when he became a Paramedic and found his passion in healthcare.

In 2013 Tom became the General Manager of Tri-County Ambulance Service in East Liverpool where he resided. It was at that same time in 2013 that Tom began working as a Paramedic in the Aultman Alliance Community Hospital Emergency Room. In 2015 Tom was awarded the position of EMS Coordinator, Coordinator of Emergency Preparedness in 2018, followed by the Interim Security Manager position in January of 2019.

Tom is the hospital's lead instructor for the facilities crisis intervention class known as CIDE and teaches BLS/CPR and PALS.

#### Upcoming Meeting Dates:

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Apr. 25<sup>th</sup> Shining Stars - Safety Awards Presentation

May 23<sup>rd</sup> Get Certified - Blood Borne Pathogen Training

June 27<sup>th</sup> My Story - Sharing a Personal Safety Experience

### MARCH SPOTLIGHT COMPANY



Welcome Valerie Giarrana of Haiss Fabripart as our spotlight guest this month.



@easternstarks



@escsc

**Q: Can you explain why and when I need shaded lenses?**

**A:** Shaded lenses are not just provided for welding helmets. There are shaded safety glasses and safety goggles for other types of hot work applications as well. Choosing the appropriate shade of lens or lenses is as important as choosing the right type of safety eyewear.

- Failure to use the appropriate lens or lenses can result in inflammation of the cornea (welders flash) or damage to the eyes lenses and/or retinas.
- ANSI has established a numbering system to help us identify the different shades of lenses and select the shade that is most appropriate for each specific task.
- For torch soldering, use safety glasses or goggles with #2 shaded lenses.
- For torch brazing, use safety glasses or goggles with #3 or #4 shaded lenses.
- For cutting with oxy-acetylene, use safety glasses or goggles with #5 shaded lenses.
- For electric arc welding, the shade of lens you need to attach to your welding helmet depends on the size of the electrode and the amount of electrical current being generated. Check with your supervisor to find out whether you need a #10, #12 or #14 shaded lens for each specific electric arc welding application.
- For gas metal arc welding, the shade of the lens you will need to attach to your welding helmet depends only on the amount of arc current being generated. Check with your supervisor to find out whether you need a #11, #12 or #14 shaded lens for each specific gas metal arc welding application.

**UPCOMING BWC TRAINING CLASSES**

**BWC Classroom Training at the North Canton Office**

- Apr. 2<sup>nd</sup>**      **Hazardous Waste Operations & Emergency Response Refresher**
- Apr. 8-9**      **OSHA 10: Industry Safety Basics**
- Apr. 15<sup>th</sup>**      **Flammable Liquid Gas Safety Basics**
- Apr. 17<sup>th</sup>**      **Ergonomics: Basic Principles**



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